Reality TV shows * / **

- 1. Describe the photograph. Where was it taken?
- 2. Have you ever watched reality TV shows?
 - Yes: Which shows did you like/dislike? Would you participate in one?
 - No: Why not? Which other TV programmes do you prefer?
- 3. Try to explain why reality TV shows are so popular.
- 4. Do you think there should be fewer reality TV shows and more serious TV programmes? Give reasons.



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Useful words:

to expose sb.: jmndn. bloßstellen – to present oneself: sich selbst darstellen – soap opera: die Seifenoper – to get a glimpse into sb. else's life: einen Einblick in das Leben anderer bekommen

Social media * / **

- 1. Describe the cartoon.
- 2. "Facebook has changed the world!" Comment on this statement.
- 3. How did people communicate before social networking? Was it a better way to communicate or was it worse? Give reasons.
- Are social media sites for people who are not good at meeting people face to face? Discuss.
- 5. Have you ever had any bad experiences online? Talk about them. What can you do to protect yourself on social media websites?



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Useful words:

to keep in touch with friends: mit Freunden in Verbindung bleiben – to leave a comment/message: einen Kommentar/eine Nachricht hinterlassen – to spread news: Neuigkeiten verbreiten – to be addicted to sth.: nach etw. süchtig sein – cyberbullying: das Internetmobbing – privacy setting: die Sicherheitseinstellung

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A healthy lifestyle * / **

- 1. Say what you can see in the picture.
- 2. How often do you eat fast food? Describe what you like/dislike about fast food.
- 3. Do you follow a healthy lifestyle?
 - Yes: Give some tips to somebody who has difficulty leading a healthy lifestyle (healthy eating, physical activities ...).
 - No: What makes it difficult for you to follow a healthy lifestyle? Say what you could do differently to live more healthily.



- 4. "There should be a veggie day once a week!" Discuss this statement.
- 5. Is obesity a great problem where you live? What do you think are reasons for it?

Useful words:

to order food: Essen bestellen – organic: Bio – balanced diet: eine ausgewogene Ernährung – to be physically active: körperlich aktiv sein – to play sport on a regular basis: regelmäßig Sport machen – couch potato: der Stubenhocker – veggie day: ein Tag, an dem ausschließlich vegetarisch gegessen wird – to be obese: fettleibig sein – to be on a diet: eine Diät machen