

10c English Covid 19: Mediation, Working with Cartoons, Writing **LÖSUNG**

Liebe 10c,

Zwar habe ich noch keine Aufgaben zum aktuellen Schreibauftrag von euch erhalten, doch hier sind die Lösungen zum Mediation. Da es voraussichtlich kommende Woche für euch wieder losgeht, will ich euch nur einen Link schicken:

<https://www.ego4u.de/de/cram-up/grammar>

Auf ego4u könnt ihr kostenlos und selbständig Grammatik wiederholen, z.B. auch unregelmäßige Verben und Zeiten. Aber auch Wortschatz zu verschiedenen Themengebieten. Schaut euch dort mal um und wiederholt die für euch wichtigsten Themen.

Have a good day. ☺

Ste

Mediation <https://www.weforum.org/agenda/2020/04/covid-19-mental-health/>

M1 How can I stay mentally healthy?

Fasse die wichtigsten Tipps auf Deutsch zusammen.

- *einen tägliche Routine finden, die dem Tag einen Rahmen gibt, indem man das tut, was man vor der Krise auch getan hat: aufwachen, das Bett machen, duschen, rasieren, frühstücken*
- *Underhill schlägt auch vor, sich selbst eine bestimmte Anzahl von Arbeitsstunden vorzunehmen und sich kurze Pausen zu gönnen, einschließlich 20- bis 30-minütiger Nickerchen, falls nötig.*
- *Er erklärt auch, dass es wichtig ist, eine völlig andere Tätigkeit auszuüben, um von der Arbeit abzuschalten (z.B. Kochen, Hausarbeit oder Musik hören)*
- *Er betont, wie wichtig es ist, den Nachrichtenkonsum in dieser Zeit einzuschränken, da dies die Angstgefühle noch verstärken kann.*

M2 My friends and family members are anxious. How can I help?

Fasse die 3 Ratschläge von Bob Filbin zusammen.

- *Man soll ihnen ein Zeitgefühl geben durch die Verwendung von Begriffen wie "Tag", "Woche" oder "Jahr". Das vermittelt auch das Gefühl, dass diese Zeit jetzt nicht ewig dauern wird.*
- *Man sollte mit ihnen über nahestehende Menschen wie Familienmitglieder sprechen. Zum einen, weil sie sich um diese Sorgen machen. Zum anderen vermittelt die Benutzung von Wörtern wie „Familie“, „Mutter“ oder „Eltern“ ein Gefühl von Stabilität.*
- *Zeige ihnen, dass ihre Ängste etwas ganz Normales sind, indem du zum Beispiel von dir erzählst.*

M3 How can I talk to children about the crisis?

Welche 3 Tipps gibt Chris Underhill?

- *Man soll vorsichtig sein mit dem, was vor Kindern und jungen Teenagern gesagt wird. Kinder und Jugendliche sollten zwar einige Informationen haben, das Gefühl von Sorge und Angst sollte aber nicht überbetont werden.*
- Man soll mit seinen Kindern Zeit für schöne Dinge haben, z.B. Dinge tun, die Spaß machen. Sie benötigen Aufmerksamkeit und Zuneigung und Lob, wenn sie eine Aufgabe gut machen.
- Routinen helfen auch Kindern, ein Gefühl von Sicherheit zu geben.

DESCRIBING AND COMMENTING A CARTOON

The cartoon deals with what can be done to fight the corona virus. **It was published by** Mercury News in March 2020 and **shows** Superman **sitting** on a couch reading a newspaper and drinking from a soda can. An elderly woman, who seems to be his mother, is standing in the door frame shouting at him. She wants to know whether or not he is intending to do anything to fight the corona virus. Superman looks at her in astonishment, because sitting there and staying put is what he is doing to fight against the virus. He is following the appeal "Stay home!" which is printed in bold letters on the first page of the newspaper he is reading.

The cartoonist uses the picture of Superman, who usually knows how to solve a problem with physical strength, **to emphasize** the irony of the situation humankind finds itself in right now. Neither weapons nor anything else the world's superpowers have at hand can do anything against the virus. **The only solution is** to stay home and give scientists the time to find medication or a vaccination before too many people are infected or die. With the calm and unfearful expression on Superman's face, **the artist underlines his message** to stay home and take it easy as long as one is healthy. Even if staying home may be difficult for some people, it is the only thing everyone can contribute to the global challenge all of us are facing. **The cartoonist also implies** that it does not matter which abilities one might have, because there is no way to escape from the pandemic.

All in all, the cartoonist does a good job to add some humour to these serious and demanding times. **But he also conveys the most important message** of our times which is to follow the government's rule to stay home.

WRITING: Get some information on regulations concerning the limitation of freedom and do exercise 4 b. Write your email and send it to me.

4. Governments around the globe have come up with rules limiting residents' freedom of movement. There are also fines if people do not obey these rules.

- a) Read about the regulations concerning the limitation on the freedom of movement which are in effect in Germany right now. Use the sources below. Also research any restrictions that might be specific to your region. Use these facts to create your own pictograms/infographic.

<https://www.bundestkanzlerin.de/bkin-de/aktuelles/wichtig-neue-regeln-zum-corona-virus-1734166#tag-10>

<https://www.morgenpost.de/politik/article228706533/Coronavirus-Kontaktverbot-und-neue-Corona-Regeln-Hohe-Strafen.html>

- b) The people described below are going to be guests at a talk show which focuses on the right of free movement. Choose one person you agree or disagree with most. Write an email to that person in which you show your point of view.



Person A is a high school student who is preparing for his final exams.

The fact that he has to stay home without attending lessons and only do online tasks to fulfil his basic curriculum does not satisfy him and he is afraid of losing credits that will downgrade his final results. In the eyes of person A, schools should be seen as workplaces and therefore kept open.

Person B works at a supermarket. People have been shopping like there was no tomorrow. This behavior has increased her workload on the one hand as well as increasing the danger of getting infected due to a rise of customers. Person B totally agrees with the government to confine people to their homes.

Person C lives in a high-rise block together with her spouse and two children aged 5 and 12. Their living area is very limited, and they don't have access to any garden. The fact that they have to stay indoors is very stressful. Children need playgrounds and need to be able to meet friends. Person C thinks the government is overreacting.

Person D works at a restaurant and he has witnessed how careless people have been with the danger of getting infected. Staying home with less pay is not easy for him, but in his eyes the government has to take responsibility for its residents, especially when the enemy is invisible, and many citizens do not follow the rules.